



Frequently Asked Questions

Q: How old do I have to be to take part?

A: There are two age brackets eligible for registration:

- Adults and children over 12 years of age can register to participate at the full registration fee (€20, or €25 for late registration on the day of the event).
- Children (under 12) who want to receive a registered runner number & complete for prizes can also register at a reduced rate (€10).
- Children (under 12) can also take part for FREE but must be accompanied by a participating adult.
(Children taking part for FREE are requested to start from the back & cannot compete for prizes.)

Q: How do I register?

A: Online Registrations are available. Please review the Registrations section on www.jogforjockeys.ie

Q: Where is the racecourse located?

A: The racecourse for 2017 is: Naas Racecourse. Directions & Map available on www.jogforjockeys.ie

Q: Where do I park?

A: There is plenty of parking available at the racecourse. Runners and supporters please park in the racecourse car-park.

Directions:

From Dublin Airport – 46kms (28 miles) M1, M50, N7.

From Dublin City – 32km (20miles) N7 (Southbound Exit 9).

From Cork – 2hrs, 40 mins, N8, N7 (Northbound Exit 9).

From Galway – 2hrs, 50mins M6, M4, M50, N7.

From Belfast – 2hrs, 20mins, M1, M50, N7.

Q: When and where is registration on the day of the event?

A: On the day of the event registration will take place, before the race, on Sunday 27th August 2017 from 9.00 until 10.30am at Naas racecourse. The Registration Desk will be clearly signposted.

Q: Will the course be accurately measured?

A: The course will be accurately measured by a course measurer. The race will have KM markers around the course.

Q: Will the finish times for participants be made available after the event?

A: Links to the results page with the completion times for all registered participants will be made available after the event (check back to this site after the event).

Q: When and where will the prize ceremony take place?

A: Presentations to all winners will take place at approx. 12:15pm on the stage area.

Q: When do the races start?

A: Start time for **10k** is 11:00am and the **5k** runners will begin at 11:30.

Q. Where should I wear my race number?

A. Pin it to the front of your t shirt that you are wearing for the race with the pins provided at the registration desk.

Q. Can I run for a charity?

A. The Jog For Jockeys 5k/10k is being run to support the [Irish Injured Jockeys](#).

Q. Are there other ways I can help?

A. Yes, there are other ways to help. Please Contact Us to volunteer or make kind donations.

Q. Are there prizes on offer?

A. Yes the first 3 men and the first 3 women past the finish line for each race receive a prize

Q. Can I bring a dog onto the course?

A. Unfortunately, **No Dog's Allowed** on the course.



Q. Who do I contact for help if my query is not answered on this page?

A. Contact: info@irishinjuredjockeys.com